

## Ryan Mundy – CEO | Alkeme

### BIOGRAPHY



Ryan Mundy, a native of Pittsburgh, PA, is Founder and CEO of Alkeme - a health media and content platform that offers mental wellness video courses, expert guided meditations, and live wellbeing experiences practices. Previously, Ryan played eight seasons in the National Football League (2008-2016) with the Pittsburgh Steelers (five seasons), New York Giants (one season), and Chicago Bears (two seasons). In 2009, Ryan was a member of the Super Bowl 43 Champion, Pittsburgh Steelers. Ryan serves on The Alzheimer's Association National Board of Directors (Secretary, Executive Committee), The NFLPA Players Investment Advisory Committee Athlete Advisory Board, Advisory Council Member for the Illinois Growth & Innovation Fund, Founding Member of LYFT City Works Advisory Council (Chicago), and Founding Board Member of Chicago Blend. Ryan graduated from the University of Michigan with a degree in Liberal Arts. Additionally, Ryan holds a Master's in Sport Management from West Virginia University, and MBA from The University of Miami (FL). Ryan resides in Chicago, IL with his wife and two daughters.